

## Italian Garden Salad

### **Ingredients:**

3 cups Tanimura & Antle Romaine Lettuce, torn into pieces    1/3 cup garbanzo beans, rinsed, drained  
2 cups Tanimura & Antle Escarole, torn into pieces        1/2 cup fat-free red wine vinaigrette dressing  
16 cheese and garlic croutons  
3 tablespoons Parmesan cheese, grated  
12 small cherry tomatoes  
1 cup red bell pepper, diced  
1 cup Tanimura & Antle celery, sliced

### **Directions:**

Combine all ingredients in a medium bowl and mix well. Add dressing and toss.  
Serve immediately

Recipe was reviewed by Produce for better Health Foundation for Tanimura & Antle.  
All 5 A Day recipes meet the nutrition standards that maintain fruits and vegetables as healthy foods.



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