

Cranberry Pine Nut and Pear Salad

Ingredients:

2 ½ cups Tanimura & Antle Romaine Lettuce, torn into pieces
1 cup Tanimura & Antle Iceberg lettuce, torn into pieces
1 cup Tanimura & Antle Endive Lettuce, torn into pieces
1 cup Tanimura & Antle Radicchio Lettuce, torn into pieces
16 onion and garlic croutons
5 tablespoons pine nuts, toasted

½ cup cranberries, dried
1 ripe pear, cut into small chunks
½ cup fat-free red wine vinaigrette dressing

Directions:

Combine all ingredients in a medium bowl and mix well. Add dressing and toss.
Serve immediately.

Serves: 4

Recipe was reviewed by Produce for better Health Foundation for Tanimura & Antle.
All 5 A Day recipes meet the nutrition standards that maintain fruits and vegetables as healthy foods.



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